



**MALAYSIAN SOCIETY OF
OTORHINOLARYNGOLOGISTS
– HEAD AND NECK SURGEONS MSO-HNS**

Newsletter



**COLLEGE
OF OTORHINOLARYNGOLOGISTS
– HEAD AND NECK SURGEONS,
ACADEMY OF MEDICINE OF MALAYSIA**

Volume 16 | 2023 – 2024

Editor: Dr Norasnieda Binti Md Shukri

CONTENTS

2023 USM Endoscopic Sinus Surgery Workshop.....	03
UKM Head & Neck Live Surgery.....	04
UKM Head & Neck Oncology Surgery Masterclass 2023.....	05
UKM ORL-HNS Basic Surgical Skills Course.....	06
13 th UKM Head & Neck Cadaveric Dissection Workshop.....	07
ENT Primary Care Symposium.....	08
Masterclass In Audiovestibular Medicine ORL.....	09
The 2 nd UMMC 2024 World Sleep Day Event.....	10
The 2 nd UKM Allergic Rhinitis and Smell Workshop.....	11
12 th Endoscopic Sinus Surgery Dissection Course 2023.....	13
12 th Ipoh Endoscopic Ear Surgery and Temporal Bone Dissection Course 2023... ..	14
1 st ORL UiTM Basic ORL Updates & Introduction to ORL Services and Basic Otorhinolaryngology Updates for Primary Care Webinar on Docquity.....	15
Kem Saringan Kesihatan Telinga Hidung Dan Tekak (ENT) 2024.....	16
57 th UKM Temporal Bone Dissection Course.....	20
Kelantan Primary Care ENT Symposium.....	21
World Hearing Day Celebration Highlights.....	22
CORLHNS Health Camp 2023.....	23
Tracheostomy Management Course – A Resounding Success!.....	24
HKL Laryngectomy Rehabilitation and Voice Disorder Management Workshop 2023	25
Highlights from the 18 th Universiti Kebangsaan Malaysia Laryngology & Phonosurgery International Workshop 2024.....	27
MSOHNS/CORLHNS Annual Scientific Meeting.....	28



Message from the President

Esteemed Colleagues of the College of Otorhinolaryngologists, Head and Neck Surgeons, Academy of Medicine of Malaysia (CORLAMM) and Malaysian Society of Otorhinolaryngologists, Head and Neck Surgeons (MSOHNS). It is my honour to address you in this edition of our Society's newsletter. As we continue to serve and advance the field of otorhinolaryngology in Malaysia, I am filled with immense pride for the dedication and expertise of our members.

This past year has seen significant strides in our field. The success in organising events for the public, general practitioners, medical officers and fellow surgeons exemplifies the collaborative spirit that drives progress. I am particularly grateful for the tireless efforts of our members who have contributed to all of the programmes, enhancing the skills of the otorhinolaryngology community.

Looking ahead, we must address the evolving needs of our members and the otorhinolaryngology fraternity as a whole. The College of ORLHNS, AMM, and MSOHNS are the only platforms where Otorhinolaryngology Surgeons from public, private and university sectors can meet and discuss together for improvement and progress.

The College of ORLHNS and MSOHNS will continue to be a beacon of excellence. Through continued collaboration, education and innovation, we can significantly impact the lives of countless patients and contribute to our beloved nation.

Dr Zahirrudin Zakaria
President

College of Otorhinolaryngologists – Head and Neck Surgeons, AMM
Malaysian Society of Otorhinolaryngologists – Head and Neck Surgeons

PRESIDENT

Dr Zahirrudin Zakaria

PRESIDENT-ELECT

**Prof Emeritus Dato'
Dr Lokman Saim**

IMMEDIATE PAST PRESIDENT

Dr Avatar Singh A/L Mohan Singh

HONORARY SECRETARY

Dr Pathma Letchumanan

HONORARY TREASURER

Assoc Prof Dr Revadi Govindaraju

COMMITTEE MEMBERS

Assoc Prof Dr Noor Dina Hashim

Dr Norasnieda Binti Md Shukri

Dr Bathma Dhevi

Prof Dr Tang Ing Ping

HONORARY AUDITORS

Prof Dr Primuharsa Putra

Dr Tan Keng Lu

Dr Fadzilah Ismail

Dr Rohaizam Jaafar

Dr Meenakshi Adaikappan

Dr Harvinder Singh

Message from the President-Elect



Dear Fellows and Members,

It is my pleasure to pen down a few thoughts in this edition of our newsletter. I would like to thank the editorial members for this opportunity. Indeed, the newsletter remains the main platform to disseminate relevant news of common interest to keep us together.

Ever since the mandate given by our members to form the College of Otorhinolaryngologists – Head and Neck Surgeons, and the steps being taken to amalgamate our MSO-HNS and the College, it is very encouraging to note that this move is being done at a rather fast pace by our Executive Committee, elected in our last AGM. There are still issues to be resolved, but it is my hope that in 2024/2025, we can really stamp our identity as CORLAMM.

Our Annual General Meeting will be held on 26th April 2024. I would like to encourage fellows and members to participate actively in our AGM. It is my hope that many will come forward to be Executive Committee members. There are a number of great works we have been doing together as a Society – from public awareness and education, postgraduate training and quality of ENT specialist care. These are topics currently being highlighted and demanded by our Malaysian society. I hope in the coming year, our College, together with the universities and MOH, can contribute more towards a better ENT-care for Malaysia.

Thank you and best wishes!

A handwritten signature in black ink, appearing to be 'Lokman Saim', written over a light blue circular graphic element.

Professor Emeritus Dato' Dr Lokman Saim

President-Elect

College of Otorhinolaryngologists – Head and Neck Surgeons, AMM

Malaysian Society of Otorhinolaryngologists – Head and Neck Surgeons



*Executive Committee of College of Otorhinolaryngologists – Head and Neck Surgeons, AMM
Malaysian Society of Otorhinolaryngologists – Head and Neck Surgeons*

2023 USM ENDOSCOPIC SINUS SURGERY WORKSHOP

Reported by Dr Norasnieda Md Shukri and Professor Dr Ramiza Ramza Ramli

We are pleased that the 2023 USM Endoscopic Sinus Surgery (FESS) Workshop was successfully held at the ORL-HNS Department, Universiti Sains Malaysia, Kelantan, on 18th – 19th June 2023. The two-day course aimed to enable participants to learn and understand more about sinus diseases and endoscopic sinus surgery. The workshop was attended by ORL residents and ORL surgeons from all over Malaysia. Distinguished local speakers, Dr Rosdi Ramli, Dr Rosli Mohd Nor, Dr Amran Mohamad, Professor Dr Ramiza Ramza, Dr Norasnieda and Dr Sakinah, shared their knowledge and experiences in sinus surgery. Equipped with the high-definition monitor and IGS monitoring systems for each

cadaver, we provide one of the best setups for cadaveric dissection with our fresh specimens. We sincerely appreciate all the ORL-HNS Department members at USM who played a crucial role in orchestrating the workshop, leading to its resounding success. Following the session, we were delighted to receive encouraging feedback from the participants.



UKM HEAD & NECK LIVE SURGERY

Reported by Dr Lum Sai Guan

UKM Head and Neck Live Surgery organised by the Department of Otorhinolaryngology – Head and Neck Surgery, on 11th March 2024, aimed to provide participants with an immersive learning experience in head and neck surgical procedures.

The event showcased various surgical procedures commonly performed in head and neck oncology, including parotidectomy, submandibulectomy and pectoralis major myocutaneous flap reconstruction. Participants had the opportunity to observe these procedures live, gaining insights into surgical techniques and approaches. Participants were guided through the identification of key surgical landmarks and important neurovascular structures in the neck. This experience aimed to incorporate participant's anatomical knowledge into a safe surgery.

The event attracted a total of 30 participants, comprising ORL-HNS master students, medical officers and young specialists from both public and private hospitals. Attendees included individuals with varying levels of experience in head and neck surgery, ranging from novice learners to seasoned practitioners. The live surgery demonstrations were led by Professor Dr Mohd Razif Mohamad Yunus, a renowned head and neck oncology surgeon, assisted by Dr Lum Sai Guan, Dr Khairil Afif and the team.

The event was deemed a success, with overwhelmingly positive feedback from participants. The event achieved its objectives of providing a comprehensive learning experience in head and neck surgical procedures. Participants expressed appreciation for the educational value of the live surgery demonstration, citing the opportunity to observe surgical techniques first-hand, and interacting with experienced surgeons as invaluable learning experiences. The participants also praised the organisation, content and delivery of the event, highlighting the professionalism of the organising committee and the expertise of Professor Dr Mohd Razif. The positive feedback had strengthened the value of the live surgery event as a platform for continuing medical education and professional development in the field of head and neck surgery.



UKM HEAD & NECK ONCOLOGY SURGERY MASTERCLASS 2023

Reported by Dr Lum Sai Guan

The Department of Otorhinolaryngology – Head and Neck Surgery, Universiti Kebangsaan Malaysia (UKM), had successfully organised a masterclass regarding the management of head and neck cancers on 11th September 2023. The event welcomed a total of 60 participants, comprising ORL-HNS postgraduate trainees, medical officers, and specialists from both public and private universities, as well as government hospitals.

The masterclass aimed to provide attendees with comprehensive insights into the latest development, techniques and best practices in the surgical and oncological management of head and neck cancers. It enhances participants' understanding of surgical approaches to various head and neck cancers, including oropharyngeal, laryngeal and thyroid cancers. The nuances of endolaryngeal surgery for early laryngeal cancer and the role of Epstein-Barr virus in the development of nasopharyngeal cancer were discussed. It also highlighted the importance of oncology therapy and reconstructive surgery in the comprehensive management of head and neck cancer patients. Besides, the participants were introduced to cutting-edge technologies such as energy device and transoral robotic surgery and its application in oncology surgery.

The speakers consisted of esteemed experts from various disciplines including laryngologist, head and neck oncology surgeon, plastic reconstructive surgeon, radiation oncologist, head and neck radiologist and pathologist. The event was deemed a resounding success, with positive feedback from participants. Attendees appreciated the comprehensive coverage of topics, the expertise of the speakers, and the opportunity to engage in meaningful discussions.

Overall, the Head and Neck Oncology Surgery Masterclass served as a platform for learning, collaboration, and improved patient care in the management of head and neck cancers. The event successfully achieved its objectives, providing participants with valuable insights, updates and practical tools to enhance their clinical practice.




UKM ORL-HNS BASIC SURGICAL SKILLS COURSE

Reported by Dr Lum Sai Guan

An ORL-HNS Basic Surgical Skills Course was organised by the Department of Otorhinolaryngology – Head and Neck Surgery (ORL-HNS) on 15th December 2023. The course was led by Associate Professor Dr Noor Dina Hashim who served as the advisor, and Dr Lum Sai Guan as the director. The speakers and facilitators comprise experienced ENT surgeon, Dr Hardip Singh Gendeh, plastic and reconstructive surgeon, Dr Fatimah Mohd Nor, and vascular surgeon Dr Mohamad Azim. They had provided expert guidance and instruction to participants, and brought a wealth of practical experience to the course, ensuring that participants received comprehensive training.

The course focused on demonstrating basic surgical techniques relevant to ORL-HNS practice, such as knot tying, instrument handling, tissue dissection, and suturing. Besides, more advanced procedures such as

pharyngeal suture, securing a bleeding vessel, tracheal anastomosis and local skin flap were introduced. Participants were guided through demonstration to develop proficiency in these essential skills. They were able to engage in hands-on practice sessions under the supervision of experienced facilitators. These sessions allowed participants to apply the demonstrated techniques and receive immediate feedback to improve their skills.

Participants appreciated the hands-on learning experience which allowed them to practice surgical techniques in a supportive and supervised environment. Many of them noted significant improvement in their proficiency and confidence in performing these techniques. Overall, the ORL-HNS Basic Surgical Skills Course succeeded in achieving its objectives of providing participants with fundamental surgical skills essential for ORL-HNS practice. 



13TH UKM HEAD & NECK CADAVERIC DISSECTION WORKSHOP

Reported by Dr Lum Sai Guan

The Department of Otorhinolaryngology – Head and Neck Surgery, UKM, had successfully organised its 13th Head and Neck Cadaveric Dissection workshop from 28th February to 1st March 2024. The participants primarily comprised master trainees from various universities, who were eager to enhance their understanding of head and neck anatomy and surgical techniques through hands-on learning experiences.

The workshop was led by Professor Dr Mohd Razif Mohamad Yunus, a distinguished head and neck oncology surgeon. Dr Lum Sai Guan as the director of the workshop, overseeing its planning and execution, assisted by Dr Khairil Afif. Their leadership ensured the smooth running of the workshop and the delivery of high-quality educational content. Among the invited facilitators were experienced head and neck surgeons, Professor Dr Mohd Zulkiflee Abu Bakar (UM), and Dr Azwan Halim (IIUM). Participants appreciated the expertise and guidance provided by the facilitators, noting their wealth of knowledge and practical experience in head and neck surgery. The workshop focused on

enhancing participants' ability to identify key surgical landmarks and important surgical structures in the neck. Cadaveric dissection sessions allowed participants to explore anatomical structures in detail, under the guidance of experienced facilitators. During the three-day workshop, several key head and neck surgical procedures were demonstrated including submandibulectomy, parotidectomy, neck dissection, total laryngectomy, maxillectomy and mandibulotomy. The workshop provided an opportunity for participants to observe and then perform step-by-step techniques involved in each procedure.

Participants of the workshop appreciated the opportunity to engage in hands-on cadaveric dissection sessions which allowed them to explore anatomical structures and practice surgical techniques under the guidance of experienced facilitators. The workshop significantly enhanced participants' understanding of head and neck anatomy and surgical procedures, with many expressing confidence in their ability to identify surgical landmarks and perform basic surgical techniques.



It is with great pleasure that we reflect on the success of the first ENT Primary Care Symposium in Bintulu, Sarawak. This symposium was held on 25th November 2023 in Fairfield Marriott Hotel, Bintulu, Sarawak. Hosted physically, the symposium brought together ENT experts from Malaysia and general practitioners from Bintulu, uniting our shared passion for advancing the field of otorhinolaryngology in Bintulu. There were 71 registered participants for this symposium.

Renowned speakers delivered captivating keynote addresses, covering topics ranging from innovative surgical techniques to groundbreaking research in ENT care. Attendees were inspired by their expertise and vision for the future of our specialty.

ENT PRIMARY CARE SYMPOSIUM

25th November 2023

FAIRFIELD MARRIOTT BINTULU SARAWAK

Reported by Dr Foong Seong Kin

Thought-provoking panel discussions fostered dynamic exchanges on pressing issues in otorhinolaryngology, including healthcare disparities, technological advancements, and the evolving role of telemedicine in patient care.

As this was a physical meeting, attendees seized the opportunity to connect with colleagues and mentors during coffee breaks. These interactions fostered new collaborations and strengthened existing partnerships within our national community.

As we bid farewell, we carry forward the knowledge, connections, and inspiration gained on this day. Let us continue to collaborate, innovate, and advocate for excellence in ENT care, driving positive change in the lives of our patients and communities.



We extend our heartfelt gratitude to all participants, speakers, sponsors, and organisers who contributed to the success of the symposium. Your dedication and enthusiasm were truly commendable, and we look forward to future opportunities to come together and advance our shared mission.



MASTERCLASS IN AUDIOVESTIBULAR MEDICINE ORL

28th January 2024 | Komune Living and Wellness In The Park, Cheras, Kuala Lumpur

Reported by Dr Rohaizam bin Japar @ Jaafar

This year, instead of hosting only GP workshops, the Committee arranged two masterclasses. This was the first Masterclass in Audiovestibular Medicine ORL, organised by the Society. Highlights of the discussion covered the tell-tale signs of a dizzy patient, managing a dizzy patient, understanding vestibular challenges with hearing loss, vestibular and balance in children and geriatric groups, and others. In the afternoon sessions, the participants did hands-on repositioning maneuvers. We were delighted by the participation of our esteemed speakers, including Associate Professor Dr Nor Haniza, Dr Wan Syafira, Dr Rekha, Dr Carren Teh, Dr Azreen, Dr Raudha and Dr Siti Nurfarhana.

It was a success with a good turnout. There were 87 total attendees. The feedback received was overwhelmingly positive. This masterclass attracted specialists, medical officers, audiologists, and general practitioners. The masterclass featured educational sessions and hands-on activities for the participants. They used the opportunities to discuss relevant topics with the speakers during the lectures, as well as hands-on and Q&A sessions. Five companies participated and sponsored attractive symposium lectures. After the masterclass, we achieved our goal of improving our understanding of Audiovestibular Medicine ORL in accordance with the current paradigm.





The 2nd UMMC 2024 World Sleep Day Event **TELEMEDICINE AND AI IN SLEEP**

Reported by Dr Julius Goh Liang Chye

Department of Otorhinolaryngology, Faculty of Medicine, Universiti Malaya



The Department of Otorhinolaryngology at Universiti Malaya Medical Center proudly hosted the second installment of World Sleep Day on 7th March 2024, at Connexion, Bangsar South, Kuala Lumpur, Malaysia. This event served as a platform to delve into the evolving landscape of sleep medicine, with a particular focus on the integration of telemedicine and artificial intelligence (AI) into clinical practice.

Our objective was two fold: to foster awareness of sleep medicine's significance in daily clinical practice and to explore the latest technological breakthroughs in sleep disorder treatment. We were fortunate to receive support from various departments, including Otorhinolaryngology, Respiratory Medicine, Neurology, Dentistry, Nursing, and Psychiatry. Moreover, the event attracted non-

clinical participants such as hospital management staff and engineers, reflecting the broad interest in advancements within this dynamic field.

Gratitude is extended to the Sleep Disorder Society of Malaysia (SDSM) and the Malaysian Society of Otorhinolaryngologists (MSO-HNS) for its invaluable support. With approximately 200 attendees comprising local delegates and international delegates from Singapore and Indonesia, the event facilitated enriching discussions and knowledge exchange.

As we reflect on the success of this year's World Sleep Day event, we eagerly anticipate future gatherings to further explore innovations in sleep medicine and enhance patient care.



(more photos on page 11)

The 2nd UKM Allergic Rhinitis and Smell Workshop

Reported by Professor Dr Aneeza W Hamizan, Dr Hardip Singh Gendeh, and checked by Professor Dr Salina Husain

The 2nd UKM Allergic Rhinitis and Smell Workshop, was co-organised by the Allergy Unit, Department of Otorhinolaryngology, Hospital Chancellor Tuanku Mukhriz (HCTM) and Persatuan Allergic Rhinitis Malaysia. This was a three-day course from 17th to 19th January 2024, where Professor Dr Salina Husain served as the course advisor, Associate Professor Dr Aneeza W Hamizan as the course director, and Dr Hardip Singh Gendeh as the co-course director. This workshop marked a significant step in addressing the growing concerns surrounding allergic rhinitis and its associated conditions, emphasising a holistic approach to patient management.

The event adopted a hybrid format, accommodating 30 physical participants at the venue and engaging 22 online participants through Docquity, an esteemed online learning platform for medical professionals (<https://docquity.com>). This dual approach allowed for ear, nose and throat specialists, medical officers and general practitioners to participate. This workshop involved a diverse group of speakers from various medical disciplines, such as basic science, respiratory medicine, dermatology, and ophthalmology, as well as experienced ENT consultants with vast experience. This multi-disciplinary approach was intentional, recognising the interconnected nature of allergic

rhinitis, its role in one airway disease and its impact on different organs.

The workshop's daily schedule was designed to provide a balanced mix of theoretical knowledge and practical skills. Lectures were conducted in the mornings, covering topics ranging from the basic immunology of allergic rhinitis to advanced discussions on the use of immunotherapy and biologics. The afternoons were dedicated to hands-on and interactive sessions, fostering a participative learning environment.

Held at the spacious Academia of ENT, the first day was focused on the diagnosis of allergic rhinitis and hands-on skin prick test training while day two was all about its holistic management including updates on treatments. On the third day, Professor Dr Salina Husain shared her expertise in smell loss and delved into the importance of managing this condition. Participants were trained to conduct smell testing and interpret the findings. The hands-on session for skin prick test and smell assessment allowed participants to be more confident in performing and interpreting these tests on their own. A forum on management of atopy allowed otorhinolaryngologist, ophthalmologist, pulmonologist and dermatologist to share a platform on managing atopy patients in a holistic manner.



Love the Nose: Participants were enjoying a merry moment with Course Advisor, Professor Dr Salina Husain; in reference to Rhinology and the Nose.

The 2nd UKM Allergic Rhinitis and Smell Workshop proved to be a success in addressing the challenges posed by allergic rhinitis. It fulfilled two of the Sustained Development Goals being good health and well-being with quality education. The hybrid format, with the inclusion of diverse speakers and interactive sessions ensured that participants left motivated to improve the care of allergic rhinitis.



Course Director, Associate Professor Dr Aneeza W Hamizan, with ENT colleagues from Malaysia and the Philippines for lectures and demonstration.



The Spacious Academia of ENT which provided a good platform for lectures and demonstration.



Prick it: Participants are given hands-on conducting skin prick test in a safe setting.



How well can you smell: Professor Dr Salina Husain demonstrated the sniffin' sticks smell test before participants practiced it during the hands-on session.



Ongoing lecture by various diciplines.

(continued from page 9)

THE 2ND UMMC 2024 WORLD SLEEP DAY EVENT



12TH ENDOSCOPIC SINUS SURGERY DISSECTION COURSE 2023

Reported by Dr Loong Siow Ping

The Otorhinolaryngology Association of Ipoh recently hosted its 12th Endoscopic Sinus Surgery Dissection Course, showcasing advanced surgical techniques in rhinology. Held on 23rd and 24th October 2023, at the Dissection Hall of Quest University in Ipoh, the event drew participants from both national and international locations.

Led by Dr Harvinder Singh and Dr Pathma Letchumanan, the course aimed to provide attendees with exposure to hands-on practical sessions guided by experienced rhinologists from tertiary centres around the country. The programme covered various topics involving both basic, as well as advanced rhinological surgical techniques. The topics covered included SPA Ligation, Endoscopic Medial Maxillectomy, Prelacrimal Approach, Denker's Approach, Endoscopic Dacrocystorhinostomy, Orbital and Optic Nerve Decompression, Transsphenoidal Approach, Hadad Flap, Vidian Neurectomy, Transpterygoid Approach and Modified Lothrop.

The event comprised 23 participants of whom 20 were dissectors while the remaining three were observers. One of the highlights of the event was personalised attention to the participants during the dissecting sessions, whereby, there was a one-to-one facilitator-to-dissector ratio. This ensured that the attendees received a tailored learning experience under expert guidance and supervision.

In conclusion, the 12th Endoscopic Sinus Surgery Dissection Course provided participants with valuable insights and knowledge, offering an excellent chance to acquire new skills in the field of rhinology and fostering valuable connections among colleagues.



12TH IPOH ENDOSCOPIC EAR SURGERY AND TEMPORAL BONE DISSECTION COURSE 2023

Reported by Dr Jeremy Ling Siew Wei, Dr Tey Kai Jun, Dr Guhan A/L Kumarasamy and Dr Philip Rajan

The Endoscopic Ear Surgery and Temporal Bone Dissection Course was successfully held on 24th and 25th October 2023, at the Dissection Hall of Quest International University. The course was organised by Dr Tey Kai Jun and Dr Guhan A/L Kumarasamy, with coordination led by Dr Philip Rajan. The event attracted substantial interest, with 14 national participants and one international participant in attendance.

Esteemed speakers headlined the event including the distinguished international invited faculty, Associate Professor Dr Arun Iyer from the University of Glasgow, who shared invaluable expertise on endoscopic ear surgery. Local faculty, comprising experienced otologists from across the country, provided guidance and supervised the hands-on practical sessions.

The comprehensive programme encompassed various otological surgical techniques, such as tympanomeatal flap elevation, middle ear inspection, atticotomy, tragal cartilage harvesting, endoscopic myringoplasty, cortical mastoidectomy, posterior tympanotomy, ossiculoplasty and facial nerve decompression. Participants received personalised attention during the hands-on practical session, fostering an environment conducive to learning and collaboration. The participants also had the opportunity to interact with the facilitators and peers during lectures and discussions, promoting networking and knowledge-sharing.

Overall, the course was a great success, offering participants valuable insights and knowledge in the field of endoscopic ear surgery and temporal bone dissection.



1ST UiTM BASIC ORL UPDATES & INTRODUCTION TO ORL SERVICES AND BASIC OTORHINOLARYNGOLOGY UPDATES FOR PRIMARY CARE

Reported by Dr Norazila Abdul Rahim, Dr Syarifah Nafisah Syed Hamzah, Dr Muhammad Ariff Sobani and Dr Noor Shahira Mohamad Fuzi

On 2nd November 2023, Department of Otorhinolaryngology Head & Neck Surgery (ORL-HNS), Hospital Al-Sultan Abdullah and Faculty of Medicine organised the 1st UiTM Basic ORL Updates & Introduction to ORL Services Course. A follow-up Docquity Webinar on similar topic was carried on two consecutive weekends of 20th and 27th January 2024.

The live course was conducted at Hospital Al-Sultan Abdullah (HASA), UiTM, Puncak Alam, and was officiated by the Dean of Faculty of Medicine, UiTM, Associate Professor Dr Fazah Akhtar Hanapiah. Participants including specialists, medical officers, staff nurses, paramedics and other allied health professionals from both the private and government sectors were in attendance for the live programme. For the webinar, the programme had an outreach to nearby Asian countries.

The main objectives of the course were to provide updates on the latest developments in managing Ear, Nose, Throat and Neck related conditions, to offer practical hands-on session training related to vestibular diseases and to introduce ORL clinical services provided by the Department of ORL-HNS at HASA UiTM,



such as subspecialties in Laryngology, vestibular disorder and snoring related sleep apnea problems.

Pre and post-test, carried for the live programme, had shown remarkable improvement in the participants' knowledge from the lectures and practical lessons given. Questions and answer sessions were most encouraging. Many positive feedbacks were given to show participants' satisfaction with the programme, on how it was

being carried out, the contents and presentations of the lectures and practical sessions.

We hoped that these programmes will benefit the frontline doctors and allied healthcare workers in the basic managements in Otorhinolaryngology. ORL-HNS Department of Hospital Al-Sultan Abdullah and Faculty of Medicine, are excited to plan and collaborate with other faculties and institutions to hold many more beneficial courses in lieu of our continuous growth towards being Centre of Excellence in Otorhinolaryngology. We give our sincerest thanks to

our dear peers for the support given.

Thank you.



KEM SARINGAN KESIHATAN TELINGA HIDUNG DAN TEKAK (ENT) 2024

Reported by Dr Zahirrudin Zakaria, Dr Nurul Farahiyah, Dr Ahmad Farhan

20TH JANUARY 2024 | 8.30am – 1.00pm

Venue: Dewan Orang Ramai Kampung Siong, Baling, Kedah

Kem Saringan Kesihatan Telinga Hidung Dan Tekak (ENT) 2024 is a distinct programme held by Committee of the College of ORL-HNS, Academy of Medicine of Malaysia (CORLMM). This programme is an annual event to inculcate awareness regarding ear, nose and throat diseases among the rural community. We also provide free health screening pertaining to ear, nose and throat. In addition, we also provide several fun activities for children.

The programme was held at Dewan Orang Ramai Kampung Siong, Baling, Kedah, on 20th January 2024. About 102 residents from Kampung Lalang, Mukim Siong, Baling, joined this screening programme. It started at 8.30am and ended at 1.00pm. A few cases were referred to ORL Clinic, Hospital Baling and Hospital Kulim for further assessment and management.

A total of 21 Committee Members were there to organise the event which was headed by President of CORLMM – Dr Zahirrudin Zakaria. This event was also collaborated with ENT Department Hospital Kulim. All of the participants stayed in Ulu Legong Hot Spring Resort for the preparation, one day before the event started.

Other collaborations were Karl Storz and Audiolab Hearing Solution which provide endoscope systems and mobile hearing test kits.

The services and activities provided during our programme were:

1. General Health Talk on Ear, Nose and Throat Diseases.
2. General Ear, Nose and Throat Examination & Nasoendoscopy.
3. Hearing Screening.
4. Colouring Contest for children.
5. Tele-match for children.
6. Lucky Draw.

We would like to thank the Hospital Kulim Director and Baling District Office for the support of this event.



MASA	TENTATIF PROGRAM	PENYELARAS
8.00 pg - 8.30 pg	Kehadiran Peserta Dari Masyarakat Kampung Siong	AJK PROGRAM DARI JABATAN ORL HOSPITAL KULIM DAN WAKIL CORLAMM
8.30 pg - 9.00 pg	Ucapan Aluan Dan Perasmian	PRESIDEN CORLAMM DR ZAHIRRUDIN BIN ZAKARIA @ AZIDIN TIMBALAN PENGARAH III HOSPITAL KULIM DR AZRULNIZAM BIN MD DAUD PENGHULU MUKIM SIONG ENCIK MUHAMAD NOOR BIN HASSAN
9.00 pg – 9.30 pg	Ceramah Kesihatan Telinga Hidung Dan Tekak	WAKIL CORLAMM
9.30 pg – 12.30 ptg	Saringan Kesihatan Saringan Pendengaran Pertandingan Mewarna Sukaneka Kanak-Kanak Cabutan Bertuah	KAKITANGAN JABATAN ORL HOSPITAL KULIM WAKIL CORLAMM AUDIOLAB HEARING SOLUTION
12.30 ptg – 1.00 ptg	Penutup dan Penyampaian Hadiah Dan Sijil	AJK PROGRAM DARI JABATAN ORL HOSPITAL KULIM DAN WAKIL CORLAMM

PRE-EVENT



Small briefing with arrangement of tables, prizes and door gifts.

BARBECUE NIGHT



20TH JANUARY 2024



Audiolab Hearing Solution booth.



Registration for our Participants.



Opening Ceremony of Kem Saringan Kesihatan Telinga, Hidung Dan Tekak.



President of CORLAMM delivered talk on ENT diseases.



Opening Speech by Ketua Kampung.



Health Screening Station

GAMES FOR CHILDREN



Colouring Contest.



Tele-match.



Prize Giving Ceremony & Lucky Draw Winners



Ball Dart.



SELAMAT DATANG
KEM SARINGAN KESIHATAN
TELINGA HIDUNG, TEKAK DAN LEHER
TARIKH : 20 JANUARI MASA : 8.30 PAGI HINGGA 1.00 PETANG
DEWAN ORANG RAMAI KAMPUNG LALANG, MUKIM SIONG,
BALING KEDAH DARUL AMAN
ANJURAN BERSAMA
COLLEGE OF OTORHINOLARYNGOLOGISTS, HEAD AND
NECK SURGEONS, ACADEMY OF MEDICINE MALAYSIA
DAN JABATAN OTORINOLARINGOLOGI HOSPITAL KULIM



57th UKM Temporal Bone Dissection Course

Reported by Associate Professor Dr Noor Dina Hashim and Dr Wan Nabila Wan Mansor



This bi-annual course reached its 57th in the series organised on at The Academia, Department of ORL-HNS, Faculty of Medicine, Universiti Kebangsaan Malaysia (UKM). Spearheaded by Professor Dr Asma Abdullah as the Advisor, and the Head of Otology Unit, UKM, the hands-on course attracted three international participants from Indonesia in addition to 13 local participants. Interestingly, this time, each participant was granted with an exclusive dissection using a cadaveric head. Traditionally, each participant was given a harvested temporal bone to work on. Following this, the dissection allowed training starting from a fundamental post auricular and end aural skin approach before bone dissection guided by a row of eminent otologists from various centres. This two-day course offered comprehensive training from raising the tympanomeatal flap, myringoplasty,

stapedotomy using prosthesis, canal wall up and canal wall down mastoidectomy, facial nerve identification and decompression followed by translabyrinthine approach. Additionally, the participants also had an opportunity to learn drilling for posterior tympanotomy and cochlear implantation. Prior to each morning and afternoon sessions, participants attended a short introductory talk delivered by seasoned speakers. Each participant also received a dissection manual specifically tailored for this course as a complementary guidance. The course concluded as planned at the end of Day 2 with two outstanding dissectors acknowledged for their excellent dissection work. Overall, it was definitely a successful course following positive feedback we received from the attendees. Nevertheless, there is always room for improvement to ensure the objectives of the course are achieved.



KELANTAN PRIMARY CARE ENT SYMPOSIUM

Reported by Dr Norasnieda Md Shukri

The Kelantan Primary Care Symposium on ENT Related Disease, held on 4th November 2023, at Perdana Hotel Kelantan, served as a platform for healthcare professionals to enhance their knowledge and skills in addressing ear, nose, and throat (ENT) disorders. One hundred and eight regional participants from states including Kelantan, Terengganu, and Perak, attended the symposium.

Among them were general practitioners, specialists, medical students, and other healthcare professionals interested in ENT-related issues. The symposium featured talks and presentations from renowned otorhinolaryngology (ORL) experts. The topics covered many ENT-related diseases, including common conditions, such as otitis media, rhinosinusitis, tonsillitis, and more complex issues

like head and neck cancers, hearing loss, and vestibular disorders. Interactive sessions and case discussions allowed participants to engage with the speakers, share experiences, and seek clarifications on various clinical scenarios.

The symposium received positive feedback from participants who appreciated the comprehensive and informative sessions. Many highlighted the topics' practical relevance and applicability to primary care settings. Attendees also lauded the opportunity to network with peers and experts in the field, fostering collaboration and knowledge exchange. We extend our gratitude to all speakers, attendees, and organisers for their contributions, in making this symposium a memorable and enriching experience.



The AJK.



The Participants.



Demonstration table for nasal douching and tracheostomy care.



Invited speakers for rhinology case discussion.

WORLD HEARING DAY CELEBRATION HIGHLIGHTS

Reported by Dr Azliana Aziz

USM UNIVERSITI SAINS MALAYSIA APEX

Sambutan **HARI PENDENGARAN SEDUNIA 2024**
"CHANGING MINDSETS"

'PEDULI SEBELUM TULI'

28 & 29 Februari 2024 | Dataran Merah
Pusat Pengajian Sains Perubatan
Kampus Kesihatan
Universiti Sains Malaysia
'Penjagaan Telinga Dan Pendengaran Untuk Semua'

TAHUKAH ANDA ?
PADA TAHUN 2050,
dijangka
1 DALAM **10**
orang seluruh dunia akan mempunyai masalah pendengaran

ANJURAN BERSAMA
Unit Audiologi & Patologi Pertuturan, Hospital Universiti Sains Malaysia
Program Audiologi, Pusat Pengajian Sains Kesihatan, Universiti Sains Malaysia
Jabatan Otorinolaringologi-HNS, Pusat Pengajian Sains Perubatan, Universiti Sains Malaysia
Program Patologi Pertuturan, Pusat Pengajian Sains Kesihatan, Universiti Sains Malaysia

RAKAN INDUSTRI
20dB, hearLIFE, ZEISS, Cochlear, BEST, DENGAR, ACE, EARSTIC

We are thrilled to share the exciting highlights from our recent World Hearing Day Celebration at Universiti Sains Malaysia Health Campus, held from 28th to 29th February 2024. This event was a testament to our commitment to promoting ear and hearing care awareness.

The success of this celebration wouldn't have been possible without the support of Deputy Dean, Professor Dr Irfan Mohamad, and all participants. Your active involvement and enthusiasm have contributed significantly to raising awareness about the importance of ear and hearing care.

During the celebration, educational talks on hearing screening and ear checks were provided, ensuring that attendees were well-informed about the importance of

maintaining healthy hearing. The event also featured booths and food stalls, creating a welcoming atmosphere for all participants.

One of the key highlights of the celebration was the contribution from our sponsors for hearing aids and the provision of free ear and hearing screenings. These initiatives aimed to make hearing care more accessible to those in need, aligning with the theme of "Changing Mindsets" for 2024. Let us continue to advocate for ear and hearing health in our communities. Together, we can make a difference by promoting regular screenings and fostering a culture of inclusivity for individuals with hearing challenges.



(more photos on page 22)

CORLHNS HEALTH CAMP 2023

Reported by Dr Pathma Letchumanan

A health camp was held on 18th February 2023 at Gopeng Highlands Resort for four Orang Asli settlements with the collaboration of Gopeng Health Clinic. Cancer screening was done by us, while blood test and vital statistics was done by Gopeng Clinic staff. Patients were referred to nearby Hospital Raja Permaisuri Bainun and Gopeng Health Clinic for further management.



ENT doctors with the Gopeng Health Clinic nurses, with student volunteers and sponsors.

(continued from page 21)

WORLD HEARING DAY CELEBRATION HIGHLIGHTS



TRACHEOSTOMY MANAGEMENT COURSE – A RESOUNDING SUCCESS!

Reported by Dr Azliana Aziz

We are thrilled to announce the successful completion of the Tracheostomy Management Course that took place on 10th March 2024, at Universiti Sains Malaysia Health Campus, Kelantan. This engaging event was attended by nearly 110 participants, including healthcare professionals, eager to enhance their skills in tracheostomy care.

The course delved into crucial aspects of tracheostomy care, equipping attendees with in-depth knowledge and practical skills essential for optimal patient outcomes. Participants engaged in interactive sessions focusing on best practices in tracheostomy care, emphasising the importance of proper management to prevent complications and handle emergencies effectively.

Key Takeaways:

- **Comprehensive Training:** Attendees gained a deeper understanding of tracheostomy care through theoretical insights and hands-on practice.
- **Complication Management:** Strategies for identifying and addressing complications associated with tracheostomy were discussed, ensuring participants are well-prepared to handle challenging situations.
- **Emergency Response:** The course provided essential guidance on managing emergencies related to tracheostomy, empowering healthcare professionals to respond swiftly and effectively.

We extend our heartfelt gratitude to our sponsors for their invaluable support in making this event possible. Their commitment to advancing healthcare education and training has been instrumental in the success of the Tracheostomy Management Course.



For those who missed this event, stay tuned for upcoming tracheostomy management courses and training sessions. Enhance your skills and knowledge in tracheostomy care to deliver high-quality patient care.

We extend our gratitude to all participants for making this event a great success. Your dedication to improving tracheostomy care is truly commendable. For more information on future courses and training opportunities, feel free to reach out to us.



HKL LARYNGECTOMY REHABILITATION AND VOICE DISORDER MANAGEMENT WORKSHOP 2023

Reported by Dr Noor Elyana binti Ahmad Fawzi

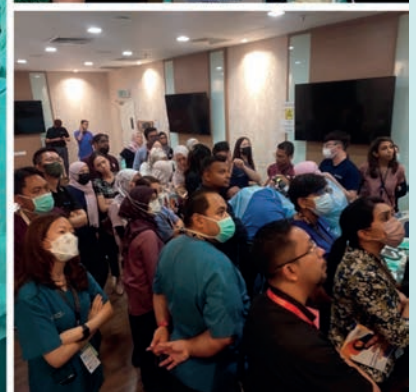
ORL HKL team has organised the first laryngectomy and rehabilitation workshop on 1st to 2nd August 2023, at Hospital Kuala Lumpur. The two-day event was very pack and fun with lecture session during the first day, followed by live surgery and cadaveric dissection on the second day. The aim of the event is to discuss on post laryngectomy rehabilitation holistically, voice disorders and the management.

This workshop was attended by great speakers and facilitators from universities and Ministry of Health Malaysia. The distinguished guest speaker were Professor Dr Marina, Professor Dr Masaany, Professor Dr Mawaddah, Dr Nik Fariza, Dr Ali Haron, and also fellow laryngologist, Dr Vanitha. We have Dr

Subashini from endocrine team HKL, Dr Shahrina, Speech Language Pathologist from HUKM, and our great in-house Head and Neck Consultant, Dr Zakinah and Dr Rohaizam.

The event was super-packed, yet full of excitement with a total of 100 participants from all around Malaysia. The participants were mainly ORL specialist, medical officers, nurses, paramedics and speech language pathologist (private & non private centre).

The Dissection workshop on Day 2 was held in HKL Simulation & Skills Training Centre, with a total of 40 dissector and observers. Overall, we got excellent feedback from the participant, and the event was a success.





CUTTING-EDGE LEARNING: HIGHLIGHTS FROM THE 18TH UNIVERSITI KEBANGSAAN MALAYSIA LARYNGOLOGY AND PHONOSURGERY INTERNATIONAL WORKSHOP 2024

Reported by Dr Mawaddah Azman



Workshop photo with international speakers including Professor Dr Markus Hess and Dr Guan-Min Ho.

In February 2024, the Department of Otorhinolaryngology – Head and Neck Surgery, Universiti Kebangsaan Malaysia, had the distinguished honour of hosting the 18th Laryngology and Phonosurgery International Workshop 2024, a focused workshop that brought together, esteemed professionals from the medical community. Held from 25th to 27th February 2024, at Advanced Surgical Skills Centre, Hospital Canselor Tuanku Muhriz, Universiti Kebangsaan Malaysia, the event was a deep dive into the latest surgical techniques and methodologies in the field of laryngology and phonosurgery.

A CONFLUENCE OF MINDS AND METHODS

The workshop was conceived as a platform for both burgeoning and seasoned surgeons to refine their skills, share knowledge, and discuss the ever-evolving landscape of medical science. With over 110 participants from various corners of the globe including Germany, Taiwan, Philippines, Indonesia, Thailand and Malaysia, the event fostered an environment ripe for learning and collaboration.

INNOVATIVE SURGICAL TECHNIQUES UNVEILED

A cornerstone of the workshop was the live surgery demonstration led by Professor Datin Dr Marina Mat Baki and Professor Dr Markus Hess, two renowned figures in laryngology. This session allowed attendees to witness groundbreaking office procedures using Blue LASER technology in real-time, offering a rare glimpse into the intricacies of this intervention. Participants were also able to witness microscopic laryngeal surgery and innovative VOIS implant surgery, led by Dr Guan-Min Ho. The demonstration was followed by an interactive Q&A session, providing a unique opportunity for participants to engage directly with leading experts.

HANDS-ON EXPERIENCE THROUGH CADAVERIC DISSECTION

In addition to live demonstrations, the workshop featured hands-on cadaveric dissection sessions. These sessions, guided by experienced instructors, were instrumental in providing attendees with practical experience in applying new techniques. The meticulous dissection sessions emphasised the importance of anatomical precision and offered insights into innovative surgical approaches and their clinical applications.

ENGAGING DISCUSSIONS AND KEY TAKEAWAYS

Panel discussions were a vibrant part of the agenda, with topics ranging from vocal fold immobility to benign vocal fold lesions. These discussions, led by pioneers in the medical field, encouraged open dialogue on challenges, trends, and the future direction of laryngology. A key takeaway was the consensus on the importance of integrating new technologies and methodologies into surgical practice to improve patient outcomes.

A COMMITMENT TO CONTINUOUS LEARNING

The 18th Universiti Kebangsaan Malaysia Laryngology and Phonosurgery International Workshop 2024 was not just a congregation of medical professionals but a testament to the medical community’s commitment to continuous learning and improvement. The exchange of knowledge and hands-on experience gained during the workshop is expected to have a lasting impact on participants and their practice.

LOOKING AHEAD

As we reflect on the success of the 18th Universiti Kebangsaan Malaysia Laryngology and Phonosurgery International Workshop 2024, we are reminded of the importance of such gatherings in advancing medical science and improving patient care. We extend our heartfelt gratitude to all the speakers, demonstrators, participants, and organisers who contributed to the success of this event.

Stay connected with Department of Otorhinolaryngology – Head and Neck Surgery, Universiti Kebangsaan Malaysia, for updates on future workshops and events that continue to push the boundaries of medical education and practice. Together, we advance toward a future where every surgical intervention is as safe, effective, and minimally invasive as possible.



Professor Dr Markus Hess demonstrating endoscopic office based Blue LASER treatment on a patient with recurrent respiratory papillomatosis at our live surgery session.



Dissectors perform various office based and operative procedures on human head and neck cadavers using flexible endoscope, suspension laryngoscope and microscope.

MSOHNS/CORLHNS Annual Scientific Meeting

Reported by Dr Noor Dina Hashim

8th MARCH 2024 | 8.00 am to 12.45 pms

ACADEMIC, DEPARTMENT OF ORL-HNS, FACULTY OF MEDICINE, UNIVERSITI KEBANGSAAN MALAYSIA

COURSE COORDINATORS

Associate Professor Dr Noor Dina Hashim
Dr Tan Keng Lu

MODERATOR

Dr Hardip Singh Gendeh

FREE PAPER PRESENTATION

RESIDENT CATEGORY

11 papers were presented

SPECIALIST CATEGORY

2 papers were presented

JUDGES

Associate Professor Dr Mawaddah Azman
Dr Carren Teh Sui Lin
Dr Anura Michelle Manuel

WINNERS FOR RESIDENT CATEGORY

FIRST PRIZE for RM 1000

Dr Vinota Paniselvam

“Correlation between haematological parameters and psychological factors in laryngopharyngeal reflux patients”

SECOND PRIZE for RM 750

Dr Ooi Kar Mun

“Gustatory alteration in patients with chronic otitis media”

THIRD PRIZE for RM 500

Dr Vishnu Varathan Moganadass

“A cross-sectional study on bacterial profile and anti-bacterial susceptibility in paediatric otitis media”

WINNER FOR SPECIALIST CATEGORY

PRIZE for RM 500

Dr Hardip Singh Gendeh

“The efficacy of Elonide nasal corticosteroids in managing allergic rhinitis”



RESEARCH GRANT SUB-COMMITTEE (JAN 2024 – DEC 2025)

NEW REPRESENTATIVES

Associate Professor Dr Jeyanthi Kulasegarah (CHAIRMAN)

Dr Avatar Singh

Dr Nik Fariza Husna Nik Hassan

Associate Professor Farah Dayana Zahedi

Dr Zahirrudin Zakaria (Current President of the College,
to be taken over by Professor Lokman Saim)

SLEEP SUB-COMMITTEE (JAN 2023 – DEC 2025)

Dr Nur Hashima Abdul Rashid (CHAIRMAN)

Dr Yap Yoke Yeow

Dr Shantini Jaganathan (SECRETARY)

Dr Farah Hani Hassan

Dr Zahirrudin Zakaria (Current President of the College,
to be taken over by Professor Lokman Saim)

FEE SCHEDULE SUB-COMMITTEE (JAN 2023 – DEC 2024)

Dr Arun Kumar (CHAIRMAN)

Dr Harvinder Singh

Dr Rosalind Simon

Dr Ahmad Zulkifli Bin Ahmad Rashdi

Professor Dr Primuharsa Putra Sabir Husin Athar

Professor Lokman Saim (AD HOC)

Dr Zahirrudin Zakaria (Current President of the College,
to be taken over by Professor Lokman Saim)

SUB-COMMITTEE FOR REVIEWER FOR ACADEMY OF MEDICINE OF MALAYSIA (AMM) MEDICAL SPECIALIST CPD SYSTEM

Professor Dr Primuharsa Putra Sabir Husin Athar (KPJ SEREMBAN)

Dr Philip Rajan A/L Devesahayam (HOSPITAL RAJA PERMAISURI BAINUN)

Dr Norasnieda Binti Md Shukri (USM)